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*Lounge Lunch Menu*

## Served between 12:00 pm – 6:00 pm

*Soup of the Day* €8.50

*(Served with Homemade Wheaten Bread)*

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*Fresh Local Salmon Mayonnaise* €18.00

*(Served with Seasonal Leaves, Salad, Coleslaw,  
Potato Salad & Wheaten Bread)*

*Atlantic Harvest Oak Smoked Salmon* €20.00  
*on Wheaten Bread*

*(Served with Seasonal Leaves, Salad, Coleslaw,  
Potato Salad)*

*Traditional Prawn Salad* €18.00

*(Served with Seasonal Leaves, Salad, Coleslaw,  
Potato Salad & Wheaten Bread)*

*Supreme of Chicken Salad* €15.00

*(Served with Seasonal Leaves, Salad, Egg, Coleslaw,  
Potato Salad & Wheaten Bread)*

## Selection of Freshly Made Sandwiches on Brown or White Bread

*Chicken* €6.50      *Salmon* €6.80

*Ham* €6.50      *Tuna & Sweetcorn* €6.50

*Salad* €6.50      *Egg & Onion* €5.50

## *Paninis, Toasties & Wraps*

<i>Bacon and Chicken Club</i> <i>(Chicken, Bacon, Lettuce, Tomato with a Marie-Rose Sauce)</i>	€12.00
<i>B.L.T.</i> <i>(Bacon, Lettuce, Tomato with Mayo)</i>	€12.00
<i>Traditional Ham &amp; Cheese</i> <i>(Baked Ham with Cheddar Cheese)</i>	€10.00
<i>Sweet Chilli Chicken</i> <i>(Chicken, Cheese, Sweet Chilli Mayo &amp; Salad)</i>	€12.00
<i>Cajun Chicken</i> <i>(Cajun Chicken, Cheese, Cajun Mayo &amp; Salad)</i>	€12.00
<i>Tuna Melt</i> <i>(Tuna, Sweetcorn, Red Onion, Cheese &amp; Mayo)</i>	€12.00
<i>Cheese &amp; Tomato</i>	€10.00
<i>French Fries</i>	€5.50

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<i>Homemade Scone</i> <i>with Raspberry Jam &amp; Fresh Cream (1 scone)</i>	€3.50
<i>Today's Sweet Treat</i>	€12.00
<i>Buttered Home Baked Wheaten Bread</i>	€2.50
<i>Homemade Shortbread (per portion)</i>	€3.20

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## Teas & Coffees

<b>Pot of Tea for one</b>	€4.00
<i>(additional cups per person)</i>	€1.50
<b>Decaffeinated Tea, Organic</b>	€3.50
<i>A full bodied and refreshing tea with all the flavour yet none of the caffeine.</i>	
<b>Earl Grey Tea, Organic</b>	€3.50
<i>A Blend of fine teas with the subtle flavour of Bergamot</i>	
<b>Camomile, Organic</b>	€3.50
<i>A delicate and relaxing tea, naturally caffeine-free and made using camomile flowers</i>	
<b>Organic Green Tea</b>	€3.50
<i>Fruity and fresh with a sweet after-taste</i>	
<b>Peppermint Organic</b>	€3.50
<i>A revitalising blend of peppermint and spearmint leaves</i>	
<b>Ginger &amp; Lemongrass Organic Green Tea</b>	€3.50
<i>Fresh lemongrass with spicy ginger for a delicious taste that is both healthy and warming</i>	
<b>Jasmine Organic Green Tea</b>	€3.50
<i>A light tea with a delicious floral aroma</i>	

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<b>Cafetière of Coffee for one</b>	€5.00
<i>(additional cups per person)</i>	€1.50
<b>Cappuccino</b>	€4.50
<i>A combination of espresso, steamed and foamed milk,</i>	
<b>Caffe Latte</b>	€4.50
<i>A long, mild, milky drink with a gentle hint of espresso coffee.</i>	
<b>Espresso</b>	€3.80
<i>A short, dark, aromatic coffee traditionally enjoyed black with a little sugar.</i>	
<b>Americano</b>	€4.00
<i>A long, espresso-based coffee, black or white</i>	